



Detailed evaluation

PAATSCH, Dominique

Club: Magdala
Number: 1276

Course: 16.78 km
EXPERT

Category:
Senioren M30 (30-34 Jahre)

Total time: 2:21:50

Speed: 7.10 km/h
Running performance: 8:27 min/km

Rank in course/Total: 222 (of 416)

Rank in course/Men: 198 (of 341)

Best time in course: 1:17:13

Rank in category: 46(of 75)

Best time in the category: 1:17:18

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Wachsenburg	7.40	57:40	7:47	49	25:23	207	25:23	7.40	57:40	7:47	49	25:23	207	25:23
Mühlburg	8.57	1:10:14	8:11	46	32:26	198	32:30	15.97	2:07:54	8:00	46	57:49	196	57:51
Sportplatz Mühlb	0.81	13:56	17:12	49	6:43	203	6:46	16.78	2:21:50	8:27	46	1:04:32	201	1:04:37