



LEGEND OF CROSS  
Mühlberg / 05.11.2017

### Detailed evaluation

**HELLER, Maik**

Club: Schmalkalden  
Number: 227

Course: 9.50 km  
SPRINT

Category:  
Senioren M30 (30-34 Jahre)

Total time: 52:55

Speed: 10.20 km/h  
Running performance: 5:34 min/km

Rank in course/Total: 9 (of 673)

Rank in course/Men: 9 (of 411)

Best time in course: 43:20

Rank in category: 3(of 89)

Best time in the category: 49:40

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Mühlburg	8.69	44:42	5:08	3	2:57	9	7:33	8.69	44:42	5:08	3	2:57	9	7:33
Sportplatz Mühlb	0.81	8:13	10:08	3	0:21	11	2:02	9.50	52:55	5:34	3	3:15	9	9:35