



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

MIETHO, Sascha

Club: Erfurt
Number: 421

Course: 9.50 km
SPRINT

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:25:38

Speed: 6.31 km/h
Running performance: 9:01 min/km

Rank in course/Total: 327 (of 673)

Rank in course/Men: 251 (of 411)

Best time in course: 43:20

Rank in category: 50(of 86)

Best time in the category: 56:39

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|------------------|-------|---------|--------|------|--------|-----|--------|-------|---------|--------|------|--------|-----|--------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| Mühlburg | 8.69 | 1:10:30 | 8:06 | 44 | 23:39 | 233 | 33:21 | 8.69 | 1:10:30 | 8:06 | 44 | 23:39 | 233 | 33:21 |
| Sportplatz Mühlb | 0.81 | 15:08 | 18:40 | 51 | 6:24 | 269 | 8:57 | 9.50 | 1:25:38 | 9:00 | 50 | 28:59 | 251 | 42:18 |