



LEGEND OF CROSS  
Mühlberg / 05.11.2017

### Detailed evaluation

Dreßler, Steffen

Club: Erfurt  
Number: 1383

Course: 16.78 km  
EXPERT

Category:  
Senioren M40 (40-44 Jahre)

Total time: 1:50:20

Speed: 9.13 km/h  
Running performance: 6:35 min/km

Rank in course/Total: 40 (of 416)

Rank in course/Men: 38 (of 341)

Best time in course: 1:17:13

Rank in category: 7(of 40)

Best time in the category: 1:27:30

#### Intermediate times

#### Stage score

#### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wachsenburg	7.40	45:07	6:05	6	8:44	32	12:50	7.40	45:07	6:05	6	8:44	32	12:50
Mühlburg	8.57	54:38	6:22	8	11:30	40	16:54	15.97	1:39:45	6:14	7	20:14	38	29:42
Sportplatz Mühlb	0.81	10:35	13:03	13	2:36	77	3:25	16.78	1:50:20	6:34	7	22:50	38	33:07