



Detailed evaluation

WILDNER, Kai-Uwe

Club: Dachwig
Number: 1423

Course: 16.78 km
EXPERT

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:23:46

Speed: 6.68 km/h
Running performance: 8:34 min/km

Rank in course/Total: 232 (of 416)

Rank in course/Men: 207 (of 341)

Best time in course: 1:17:13

Rank in category: 27(of 40)

Best time in the category: 1:27:30

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Wachsenburg	7.40	57:08	7:43	26	20:45	193	24:51	7.40	57:08	7:43	26	20:45	193	24:51
Mühlburg	8.57	1:11:38	8:21	27	28:30	211	33:54	15.97	2:08:46	8:03	27	49:15	207	58:43
Sportplatz Mühlb	0.81	15:00	18:31	29	7:01	226	7:50	16.78	2:23:46	8:34	27	56:16	210	1:06:33