



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

CARSTENS, Sven

Club: Hünstetten

Number: 72

Course: 9.50 km

SPRINT

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:28:38

Speed: 6.09 km/h

Running performance: 9:20 min/km

Rank in course/Total: 363 (of 673)

Rank in course/Men: 267 (of 411)

Best time in course: 43:20

Rank in category: 31(of 38)

Best time in the category: 59:30

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Mühlburg	8.69	1:14:03	8:31	31	23:51	277	36:54	8.69	1:14:03	8:31	31	23:51	277	36:54
Sportplatz Mühlb	0.81	14:35	18:00	28	5:17	258	8:24	9.50	1:28:38	9:19	31	29:08	267	45:18