



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

ADLER, Jürgen

Club: Seitenroda
Number: 1001

Course: 16.78 km
EXPERT

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:23:13

Speed: 7.03 km/h
Running performance: 8:32 min/km

Rank in course/Total: 230 (of 416)

Rank in course/Men: 206 (of 341)

Best time in course: 1:17:13

Rank in category: 47(of 75)

Best time in the category: 1:31:22

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|------------------|-------|---------|--------|------|--------|-----|--------|-------|---------|--------|------|--------|-----|---------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| Wachsenburg | 7.40 | 57:34 | 7:46 | 47 | 20:13 | 201 | 25:17 | 7.40 | 57:34 | 7:46 | 47 | 20:13 | 201 | 25:17 |
| Mühlburg | 8.57 | 1:11:49 | 8:22 | 48 | 25:45 | 214 | 34:05 | 15.97 | 2:09:23 | 8:06 | 47 | 45:58 | 209 | 59:20 |
| Sportplatz Mühlb | 0.81 | 13:50 | 17:04 | 45 | 5:53 | 200 | 6:40 | 16.78 | 2:23:13 | 8:32 | 47 | 51:51 | 209 | 1:06:00 |