



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

MECKEL, David

Club: Getting Tough e.V.
Number: 407

Course: 9.50 km
SPRINT

Category:
Senioren M30 (30-34 Jahre)

Total time: 54:13

Speed: 9.96 km/h
Running performance: 5:43 min/km

Rank in course/Total: 11 (of 673)

Rank in course/Men: 11 (of 411)

Best time in course: 43:20

Rank in category: 4(of 89)

Best time in the category: 49:40

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Mühlberg	8.69	45:31	5:14	4	3:46	12	8:22	8.69	45:31	5:14	4	3:46	12	8:22
Sportplatz Mühlb	0.81	8:42	10:44	6	0:50	17	2:31	9.50	54:13	5:42	4	4:33	11	10:53