



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

HENKEL, Thomas

Club: Apfelstädt
Number: 231

Course: 9.50 km
SPRINT

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:31:14

Speed: 5.92 km/h
Running performance: 9:36 min/km

Rank in course/Total: 402 (of 673)

Rank in course/Men: 291 (of 411)

Best time in course: 43:20

Rank in category: 56(of 86)

Best time in the category: 56:39

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Mühlburg	8.69	1:14:36	8:35	53	27:45	285	37:27	8.69	1:14:36	8:35	53	27:45	285	37:27
Sportplatz Mühlb	0.81	16:38	20:32	59	7:54	312	10:27	9.50	1:31:14	9:36	56	34:35	291	47:54