



Detailed evaluation

METZE, Caroline

Club: Erfurt
Number: 415

Course: 9.50 km
SPRINT

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 1:31:34

Speed: 5.90 km/h
Running performance: 9:38 min/km

Rank in course/Total: 410 (of 673)

Rank in course/Women: 115 (of 262)

Best time in course: 59:03

Rank in category: 20(of 53)

Best time in the category: 1:05:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Mühlburg	8.69	1:16:00	8:44	22	21:28	120	26:27	8.69	1:16:00	8:44	22	21:28	120	26:27
Sportplatz Mühlb	0.81	15:34	19:13	23	5:05	120	6:04	9.50	1:31:34	9:38	20	26:33	115	32:31