



LEGEND OF CROSS  
Mühlberg / 05.11.2017

### Detailed evaluation

**ABRAHAM, Daniel**

Club: Erfurt  
Number: 2249

Course: 26.71 km  
BERSERKER

Category:  
Senioren M40 (40-44 Jahre)

Total time: 2:29:38

Speed: 10.43 km/h  
Running performance: 5:36 min/km

Rank in course/Total: 6 (of 205)

Rank in course/Men: 6 (of 189)

Best time in course: 2:16:04

Rank in category: 1(of 25)

Best time in the category: 2:29:38

#### Intermediate times

#### Stage score

#### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wachsenburg	7.40	36:47	4:58	1	-	2	1:21	7.40	36:47	4:58	1	-	2	1:21
Burg Gleichen	8.53	43:55	5:08	1	-	2	1:22	15.93	1:20:42	5:03	1	-	2	2:43
Mühlberg	9.97	59:10	5:56	3	3:09	15	12:41	25.90	2:19:52	5:24	3	26:13	12	28:54
Sportplatz Mühlb	0.81	9:46	12:03	3	0:24	14	1:57	26.71	2:29:38	5:36	3	24:18	12	26:23