



## Detailed evaluation

**HENZE, Katrin**

Club: Erfurt  
Number: 235

Course: 9.50 km  
SPRINT

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 1:32:30

Speed: 5.84 km/h  
Running performance: 9:44 min/km

Rank in course/Total: 420 (of 673)

Rank in course/Women: 120 (of 262)

Best time in course: 59:03

Rank in category: 15(of 20)

Best time in the category: 1:05:01

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total		Total		Total		Total	
								km	Time	min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Mühlburg	8.69	1:18:36	9:02	16	23:39	149	29:03	8.69	1:18:36	9:02	16	23:39	149	29:03	
Sportplatz Mühlb	0.81	13:54	17:09	8	3:50	67	4:24	9.50	1:32:30	9:44	15	27:29	120	33:27	