



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

ROMMEIS, Marco

Club: Eichenried
Number: 512

Course: 9.50 km
SPRINT

Category:
Senioren M40 (40-44 Jahre)

Total time: 53:34

Speed: 10.08 km/h
Running performance: 5:38 min/km

Rank in course/Total: 10 (of 673)

Rank in course/Men: 10 (of 411)

Best time in course: 43:20

Rank in category: 2(of 54)

Best time in the category: 52:18

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Mühlburg	8.69	44:51	5:09	2	0:29	10	7:42	8.69	44:51	5:09	2	0:29	10	7:42
Sportplatz Mühlb	0.81	8:43	10:45	4	0:47	18	2:32	9.50	53:34	5:38	2	1:16	10	10:14