



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

HIESE, Sina

Club: Rittersdorf
Number: 245

Course: 9.50 km
SPRINT

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 1:34:03

Speed: 5.74 km/h
Running performance: 9:54 min/km

Rank in course/Total: 444 (of 673)

Rank in course/Women: 135 (of 262)

Best time in course: 59:03

Rank in category: 26(of 54)

Best time in the category: 59:03

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Wome	Women	km	Time	min/km	Cat.	Cat.	Wome	Women
Mühlburg	8.69	1:18:00	8:58	27	28:27	140	28:27	8.69	1:18:00	8:58	27	28:27	140	28:27
Sportplatz Mühlb	0.81	16:03	19:48	26	6:33	134	6:33	9.50	1:34:03	9:54	26	35:00	135	35:00