



Detailed evaluation

CSIDES, Maria

Club: Rittersdorf
Number: 76

Course: 9.50 km
SPRINT

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 1:34:03

Speed: 5.74 km/h
Running performance: 9:54 min/km

Rank in course/Total: 445 (of 673)

Rank in course/Women: 135 (of 262)

Best time in course: 59:03

Rank in category: 26(of 54)

Best time in the category: 59:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Women	Behind Women	
								km	Time	min/km	Pos	Behind	Pos					Behind
Mühlburg	8.69	1:15:20	8:40	20	25:47	109	25:47	8.69	1:15:20	8:40	20	25:47	109	25:47				
Sportplatz Mühlb	0.81	18:43	23:06	45	9:13	217	9:13	9.50	1:34:03	9:54	26	35:00	135	35:00				