



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

NAHLER, Judith

Club: Jena

Number: 1263

Course: 16.78 km

EXPERT

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 2:31:35

Speed: 6.33 km/h

Running performance: 9:02 min/km

Rank in course/Total: 266 (of 416)

Rank in course/Women: 28 (of 75)

Best time in course: 1:47:42

Rank in category: 9(of 16)

Best time in the category: 1:50:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Women	Behind Women
								km	Time	min/km	Pos	Behind	Pos				
Wachsenburg	7.40	1:01:24	8:17	12	14:58	38	16:13	7.40	1:01:24	8:17	12	14:58	38	16:13			
Mühlberg	8.57	1:14:44	8:43	9	19:59	31	21:45	15.97	2:16:08	8:31	10	34:57	29	37:58			
Sportplatz Mühlb	0.81	15:27	19:04	9	5:52	32	6:03	16.78	2:31:35	9:02	9	40:49	28	43:53			