



Detailed evaluation

KÖHLER, Jana

Club: Rudolstadt
Number: 326

Course: 9.50 km
SPRINT

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 1:33:02

Speed: 5.80 km/h
Running performance: 9:47 min/km

Rank in course/Total: 426 (of 673)

Rank in course/Women: 124 (of 262)

Best time in course: 59:03

Rank in category: 11(of 26)

Best time in the category: 1:00:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Mühlburg	8.69	1:17:00	8:51	12	26:41	128	27:27	8.69	1:17:00	8:51	12	26:41	128	27:27
Sportplatz Mühlb	0.81	16:02	19:47	11	6:18	132	6:32	9.50	1:33:02	9:47	11	32:59	124	33:59