



LEGEND OF CROSS  
Mühlberg / 05.11.2017

### Detailed evaluation

**THÖRING, Benjamain**

Club: Gotha  
Number: 640

Course: 9.50 km  
SPRINT

Category:  
Senioren M30 (30-34 Jahre)

Total time: 1:31:34

Speed: 6.22 km/h  
Running performance: 9:38 min/km

Rank in course/Total: 411 (of 673)

Rank in course/Men: 296 (of 411)

Best time in course: 43:20

Rank in category: 67(of 89)

Best time in the category: 49:40

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Mühlburg	8.69	1:16:26	8:47	67	34:41	298	39:17	8.69	1:16:26	8:47	67	34:41	298	39:17
Sportplatz Mühlb	0.81	15:08	18:40	59	7:16	269	8:57	9.50	1:31:34	9:38	67	41:54	296	48:14