



Detailed evaluation

Klitz, Lissy

Club: Amt Wachsenburg
Number: 276

Course: 9.50 km
SPRINT

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 1:22:01

Speed: 6.58 km/h
Running performance: 8:38 min/km

Rank in course/Total: 265 (of 673)

Rank in course/Women: 58 (of 262)

Best time in course: 59:03

Rank in category: 9(of 53)

Best time in the category: 1:05:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Mühlberg	8.69	1:08:22	7:52	9	13:50	57	18:49	8.69	1:08:22	7:52	9	13:50	57	18:49
Sportplatz Mühlb	0.81	13:39	16:51	11	3:10	64	4:09	9.50	1:22:01	8:37	9	17:00	58	22:58