



LEGEND OF CROSS  
Mühlberg / 05.11.2017

Detailed evaluation

HÖHNE, Roman

Club: Magdala  
Number: 1139

Course: 16.78 km  
EXPERT

Category:  
Senioren M30 (30-34 Jahre)

Total time: 2:21:50

Speed: 6.77 km/h  
Running performance: 8:27 min/km

Rank in course/Total: 223 (of 416)

Rank in course/Men: 198 (of 341)

Best time in course: 1:17:13

Rank in category: 46(of 75)

Best time in the category: 1:17:18

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wachsenburg	7.40	57:39	7:47	48	25:22	206	25:22	7.40	57:39	7:47	48	25:22	206	25:22
Mühlburg	8.57	1:10:21	8:12	47	32:33	200	32:37	15.97	2:08:00	8:00	47	57:55	197	57:57
Sportplatz Mühlb	0.81	13:50	17:04	47	6:37	200	6:40	16.78	2:21:50	8:27	46	1:04:32	201	1:04:37