



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

FRICKE, Claudia

Club: Kölleda
Number: 144

Course: 9.50 km
SPRINT

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 1:32:31

Speed: 5.84 km/h
Running performance: 9:44 min/km

Rank in course/Total: 422 (of 673)

Rank in course/Women: 122 (of 262)

Best time in course: 59:03

Rank in category: 21(of 53)

Best time in the category: 1:05:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total		Total		Total		
								km	Time	min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Mühlburg	8.69	1:17:31	8:55	25	22:59	132	27:58	8.69	1:17:31	8:55	25	22:59	132	27:58
Sportplatz Mühlb	0.81	15:00	18:31	18	4:31	95	5:30	9.50	1:32:31	9:44	21	27:30	122	33:28