



Detailed evaluation

RÖNICKE, Ronny

Club: Erfurt
Number: 1324

Course: 16.78 km
EXPERT

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:32:05

Speed: 6.62 km/h
Running performance: 9:04 min/km

Rank in course/Total: 270 (of 416)

Rank in course/Men: 240 (of 341)

Best time in course: 1:17:13

Rank in category: 55(of 75)

Best time in the category: 1:31:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Wachsenburg	7.40	1:00:51	8:13	54	23:30	246	28:34	7.40	1:00:51	8:13	54	23:30	246	28:34
Mühlburg	8.57	1:14:43	8:43	50	28:39	229	36:59	15.97	2:15:34	8:29	55	52:09	239	1:05:31
Sportplatz Mühlb	0.81	16:31	20:23	61	8:34	260	9:21	16.78	2:32:05	9:03	55	1:00:43	243	1:14:52