



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

KAPPITZ, Nicole

Club: Erfurt
Number: 293

Course: 9.50 km
SPRINT

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 1:37:48

Speed: 5.52 km/h
Running performance: 10:17 min/km

Rank in course/Total: 507 (of 673)

Rank in course/Women: 165 (of 262)

Best time in course: 59:03

Rank in category: 15(of 26)

Best time in the category: 1:00:03

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Wome	Women	km	Time	min/km	Cat.	Cat.	Wome	Women
Mühlburg	8.69	1:22:24	9:28	17	32:05	176	32:51	8.69	1:22:24	9:28	17	32:05	176	32:51
Sportplatz Mühlb	0.81	15:24	19:00	9	5:40	110	5:54	9.50	1:37:48	10:17	15	37:45	165	38:45