



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

PRÖHL, Roy

Club: Gera

Number: 485

Course: 9.50 km

SPRINT

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:37:08

Speed: 5.56 km/h

Running performance: 10:13 min/km

Rank in course/Total: 495 (of 673)

Rank in course/Men: 337 (of 411)

Best time in course: 43:20

Rank in category: 66(of 86)

Best time in the category: 56:39

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Mühlburg	8.69	1:21:07	9:20	69	34:16	342	43:58	8.69	1:21:07	9:20	69	34:16	342	43:58
Sportplatz Mühlb	0.81	16:01	19:46	54	7:17	295	9:50	9.50	1:37:08	10:13	66	40:29	337	53:48