



Detailed evaluation

LIPPOLD, Yvonne

Club: Mud Inc.Mühlhausen
Number: 1224

Course: 16.78 km
EXPERT

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 2:34:47

Speed: 6.20 km/h
Running performance: 9:13 min/km

Rank in course/Total: 286 (of 416)

Rank in course/Women: 34 (of 75)

Best time in course: 1:47:42

Rank in category: 11(of 16)

Best time in the category: 1:50:46

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Wachsenburg	7.40	1:00:47	8:12	10	14:21	30	15:36	7.40	1:00:47	8:12	10	14:21	30	15:36
Mühlburg	8.57	1:15:50	8:50	11	21:05	35	22:51	15.97	2:16:37	8:33	11	35:26	30	38:27
Sportplatz Mühlb	0.81	18:10	22:25	12	8:35	57	8:46	16.78	2:34:47	9:13	11	44:01	34	47:05