



Detailed evaluation

KUSCHEL, Sephan

Club: Erfurt
Number: 361

Course: 9.50 km
SPRINT

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:37:02

Speed: 5.57 km/h
Running performance: 10:13 min/km

Rank in course/Total: 489 (of 673)

Rank in course/Men: 333 (of 411)

Best time in course: 43:20

Rank in category: 75(of 89)

Best time in the category: 49:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Mühlberg	8.69	1:18:57	9:05	76	37:12	328	41:48	8.69	1:18:57	9:05	76	37:12	328	41:48
Sportplatz Mühlb	0.81	18:05	22:19	77	10:13	353	11:54	9.50	1:37:02	10:12	75	47:22	333	53:42