



LEGEND OF CROSS  
Mühlberg / 05.11.2017

Detailed evaluation

KAPPITZ, Reinhard

Club: Erfurt  
Number: 294

Course: 9.50 km  
SPRINT

Category:  
Senioren M40 (40-44 Jahre)

Total time: 1:37:48

Speed: 5.52 km/h  
Running performance: 10:17 min/km

Rank in course/Total: 508 (of 673)

Rank in course/Men: 343 (of 411)

Best time in course: 43:20

Rank in category: 47(of 54)

Best time in the category: 52:18

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Mühlburg	8.69	1:22:11	9:27	48	37:49	345	45:02	8.69	1:22:11	9:27	48	37:49	345	45:02
Sportplatz Mühlb	0.81	15:37	19:16	41	7:41	285	9:26	9.50	1:37:48	10:17	47	45:30	343	54:28