



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

POSER, Christian

Club: Zeulenroda-Triebes
Number: 481

Course: 9.50 km
SPRINT

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:35:36

Speed: 5.65 km/h
Running performance: 10:04 min/km

Rank in course/Total: 461 (of 673)

Rank in course/Men: 314 (of 411)

Best time in course: 43:20

Rank in category: 73(of 89)

Best time in the category: 49:40

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Mühlburg	8.69	1:18:36	9:02	75	36:51	323	41:27	8.69	1:18:36	9:02	75	36:51	323	41:27
Sportplatz Mühlb	0.81	17:00	20:59	74	9:08	330	10:49	9.50	1:35:36	10:03	73	45:56	314	52:16