



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

LUNGERSHAUSEN, Nancy

Club: Nordhausen
Number: 393

Course: 9.50 km
SPRINT

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 1:35:30

Speed: 5.65 km/h
Running performance: 10:03 min/km

Rank in course/Total: 458 (of 673)

Rank in course/Women: 145 (of 262)

Best time in course: 59:03

Rank in category: 30(of 54)

Best time in the category: 59:03

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|------------------|-------|---------|--------|------|--------|-------|--------|-------|---------|--------|------|--------|-------|--------|
| | km | Time | min/km | Cat. | Cat. | Women | Women | km | Time | min/km | Cat. | Cat. | Women | Women |
| Mühlburg | 8.69 | 1:18:28 | 9:01 | 31 | 28:55 | 147 | 28:55 | 8.69 | 1:18:28 | 9:01 | 31 | 28:55 | 147 | 28:55 |
| Sportplatz Mühlb | 0.81 | 17:02 | 21:01 | 30 | 7:32 | 158 | 7:32 | 9.50 | 1:35:30 | 10:03 | 30 | 36:27 | 145 | 36:27 |