



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

TEXTOR, Ines

Club: slow motion runners
Number: 634

Course: 9.50 km
SPRINT

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 1:37:25

Speed: 5.54 km/h
Running performance: 10:15 min/km

Rank in course/Total: 497 (of 673)

Rank in course/Women: 159 (of 262)

Best time in course: 59:03

Rank in category: 17(of 20)

Best time in the category: 1:05:01

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Mühlberg	8.69	1:19:26	9:08	17	24:29	157	29:53	8.69	1:19:26	9:08	17	24:29	157	29:53
Sportplatz Mühlb	0.81	17:59	22:12	17	7:55	184	8:29	9.50	1:37:25	10:15	17	32:24	159	38:22