



Detailed evaluation

STAFFEL, Lysann

Club: Stadtilm
Number: 616

Course: 9.50 km
SPRINT

Category:
Frauen (20-29 Jahre)

Total time: 1:38:15

Speed: 5.50 km/h
Running performance: 10:20 min/km

Rank in course/Total: 514 (of 673)

Rank in course/Women: 168 (of 262)

Best time in course: 59:03

Rank in category: 44(of 76)

Best time in the category: 1:01:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Mühlburg	8.69	1:19:41	9:10	43	28:35	159	30:08	8.69	1:19:41	9:10	43	28:35	159	30:08
Sportplatz Mühlb	0.81	18:34	22:55	56	8:49	208	9:04	9.50	1:38:15	10:20	44	37:12	168	39:12