



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

RAABE, Patrick

Club: Mud Inc.Mühlhausen
Number: 1297

Course: 16.78 km
EXPERT

Category:
Senioren M30 (30-34 Jahre)

Total time: 2:34:46

Speed: 6.20 km/h
Running performance: 9:13 min/km

Rank in course/Total: 283 (of 416)

Rank in course/Men: 250 (of 341)

Best time in course: 1:17:13

Rank in category: 60(of 75)

Best time in the category: 1:17:18

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wachsenburg	7.40	1:00:48	8:12	59	28:31	245	28:31	7.40	1:00:48	8:12	59	28:31	245	28:31
Mühlburg	8.57	1:15:43	8:50	57	37:55	242	37:59	15.97	2:16:31	8:32	58	1:06:26	245	1:06:28
Sportplatz Mühlb	0.81	18:15	22:31	67	11:02	295	11:05	16.78	2:34:46	9:13	60	1:17:28	253	1:17:33