



Detailed evaluation

HEINE, Stephanie

Club: Kraftsdorf
Number: 1114

Course: 16.78 km
EXPERT

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 2:35:36

Speed: 6.47 km/h
Running performance: 9:16 min/km

Rank in course/Total: 292 (of 416)

Rank in course/Women: 36 (of 75)

Best time in course: 1:47:42

Rank in category: 7(of 12)

Best time in the category: 2:12:23

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Stage score | | | | Total ranking | | | | | | |
|------------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
| | | | | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Wachsenburg | 7.40 | 1:01:04 | 8:15 | 6 | 7:11 | 32 | 15:53 | 7.40 | 1:01:04 | 8:15 | 6 | 7:11 | 32 | 15:53 |
| Mühlburg | 8.57 | 1:17:44 | 9:04 | 7 | 13:49 | 38 | 24:45 | 15.97 | 2:18:48 | 8:41 | 6 | 20:26 | 35 | 40:38 |
| Sportplatz Mühlb | 0.81 | 16:48 | 20:44 | 11 | 4:21 | 45 | 7:24 | 16.78 | 2:35:36 | 9:16 | 7 | 23:13 | 36 | 47:54 |