



Detailed evaluation

LANGE, Marion

Club: Neustadt a.d. Orla
Number: 368

Course: 9.50 km
SPRINT

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 1:36:51

Speed: 5.58 km/h
Running performance: 10:11 min/km

Rank in course/Total: 485 (of 673)

Rank in course/Women: 155 (of 262)

Best time in course: 59:03

Rank in category: 3(of 6)

Best time in the category: 1:21:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Mühlburg	8.69	1:17:59	8:58	3	10:18	139	28:26	8.69	1:17:59	8:58	3	10:18	139	28:26
Sportplatz Mühlb	0.81	18:52	23:17	6	4:58	220	9:22	9.50	1:36:51	10:11	3	15:16	155	37:48