



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

ASBACH-WÜST, Silke

Club: Philippsthal
Number: 13

Course: 9.50 km
SPRINT

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 1:20:38

Speed: 6.70 km/h
Running performance: 8:29 min/km

Rank in course/Total: 247 (of 673)

Rank in course/Women: 53 (of 262)

Best time in course: 59:03

Rank in category: 4 (of 26)

Best time in the category: 1:00:03

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|------------------|-------|---------|--------|------|--------|-------|--------|-------|---------|--------|------|--------|-------|--------|
| | km | Time | min/km | Cat. | Cat. | Women | Women | km | Time | min/km | Cat. | Cat. | Women | Women |
| Mühlburg | 8.69 | 1:05:14 | 7:30 | 3 | 14:55 | 40 | 15:41 | 8.69 | 1:05:14 | 7:30 | 3 | 14:55 | 40 | 15:41 |
| Sportplatz Mühlb | 0.81 | 15:24 | 19:00 | 9 | 5:40 | 110 | 5:54 | 9.50 | 1:20:38 | 8:29 | 4 | 20:35 | 53 | 21:35 |