



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

ASBACH-WÜST, Silke

Club: Philippsthal
Number: 13

Course: 9.50 km
SPRINT

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 1:20:38

Speed: 6.70 km/h
Running performance: 8:29 min/km

Rank in course/Total: 247 (of 673)

Rank in course/Women: 53 (of 262)

Best time in course: 59:03

Rank in category: 4 (of 26)

Best time in the category: 1:00:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total		Total		Total		
								km	Time	min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Mühlburg	8.69	1:05:14	7:30	3	14:55	40	15:41	8.69	1:05:14	7:30	3	14:55	40	15:41
Sportplatz Mühlb	0.81	15:24	19:00	9	5:40	110	5:54	9.50	1:20:38	8:29	4	20:35	53	21:35