



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

FREITAG, Roman

Club: Moorgrund
Number: 2060

Course: 26.71 km
BERSERKER

Category:
männliche Jugend U18 (16-17 Jahre)

Total time: 2:22:45

Speed: 10.93 km/h
Running performance: 5:20 min/km

Rank in course/Total: 5 (of 205)

Rank in course/Men: 5 (of 189)

Best time in course: 2:16:04

Rank in category: 1(of 1)

Best time in the category: 2:22:45

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Wachsenburg	7.40	35:26	4:47	1	-	1	-	7.40	35:26	4:47	1	-	1	-
Burg Gleichen	8.53	42:33	4:59	1	-	1	-	15.93	1:17:59	4:53	1	-	1	-
Mühlburg	9.97	53:51	5:24	1	-	5	7:22	25.90	2:11:50	5:05	1	-	9	20:52
Sportplatz Mühlb	0.81	10:55	13:28	1	-	24	3:06	26.71	2:22:45	5:20	1	-	11	19:30