



Detailed evaluation

ZAUS, André

Club: Salomonsborn
Number: 1431

Course: 16.78 km
EXPERT

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:30:01

Speed: 6.71 km/h
Running performance: 8:56 min/km

Rank in course/Total: 258 (of 416)

Rank in course/Men: 231 (of 341)

Best time in course: 1:17:13

Rank in category: 30(of 40)

Best time in the category: 1:27:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Wachsenburg	7.40	56:39	7:39	25	20:16	184	24:22	7.40	56:39	7:39	25	20:16	184	24:22
Mühlburg	8.57	1:16:32	8:55	31	33:24	247	38:48	15.97	2:13:11	8:20	30	53:40	227	1:03:08
Sportplatz Mühlb	0.81	16:50	20:46	33	8:51	268	9:40	16.78	2:30:01	8:56	30	1:02:31	234	1:12:48