



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

ENDERS, Raphael

Club: Erfurt
Number: 108

Course: 9.50 km
SPRINT

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:29:29

Speed: 6.37 km/h
Running performance: 9:25 min/km

Rank in course/Total: 381 (of 673)

Rank in course/Men: 277 (of 411)

Best time in course: 43:20

Rank in category: 38(of 54)

Best time in the category: 52:18

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Mühlburg	8.69	1:14:23	8:33	40	30:01	284	37:14	8.69	1:14:23	8:33	40	30:01	284	37:14
Sportplatz Mühlb	0.81	15:06	18:38	37	7:10	267	8:55	9.50	1:29:29	9:25	38	37:11	277	46:09