



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

LARS, Schumacher

Club: Ködderitzsch
Number: 1215

Course: 16.78 km
EXPERT

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:22:24

Speed: 6.74 km/h
Running performance: 8:29 min/km

Rank in course/Total: 229 (of 416)

Rank in course/Men: 205 (of 341)

Best time in course: 1:17:13

Rank in category: 26(of 40)

Best time in the category: 1:27:30

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wachsenburg	7.40	55:14	7:27	23	18:51	165	22:57	7.40	55:14	7:27	23	18:51	165	22:57
Mühlburg	8.57	1:13:01	8:31	29	29:53	218	35:17	15.97	2:08:15	8:01	25	48:44	203	58:12
Sportplatz Mühlb	0.81	14:09	17:28	26	6:10	208	6:59	16.78	2:22:24	8:29	26	54:54	208	1:05:11