



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

SAWENKO, Niko

Club: Apfelstädt
Number: 525

Course: 9.50 km
SPRINT

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:31:14

Speed: 5.92 km/h
Running performance: 9:36 min/km

Rank in course/Total: 403 (of 673)

Rank in course/Men: 291 (of 411)

Best time in course: 43:20

Rank in category: 65(of 89)

Best time in the category: 49:40

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Mühlburg	8.69	1:14:38	8:35	63	32:53	286	37:29	8.69	1:14:38	8:35	63	32:53	286	37:29
Sportplatz Mühlb	0.81	16:36	20:29	69	8:44	310	10:25	9.50	1:31:14	9:36	65	41:34	291	47:54