



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

GRANDE, Thomas

Club: ERFURT
Number: 1100

Course: 16.78 km
EXPERT

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:19:13

Speed: 6.90 km/h
Running performance: 8:18 min/km

Rank in course/Total: 207 (of 416)

Rank in course/Men: 185 (of 341)

Best time in course: 1:17:13

Rank in category: 11(of 18)

Best time in the category: 1:42:38

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wachsenburg	7.40	57:01	7:42	11	13:04	192	24:44	7.40	57:01	7:42	11	13:04	192	24:44
Mühlburg	8.57	1:09:20	8:05	11	19:53	187	31:36	15.97	2:06:21	7:54	11	32:30	187	56:18
Sportplatz Mühlb	0.81	12:52	15:53	9	4:05	158	5:42	16.78	2:19:13	8:17	11	36:35	188	1:02:00