



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

KÖBER, Sören

Club: Zeulenroda
Number: 324

Course: 9.50 km
SPRINT

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:26:42

Speed: 6.23 km/h
Running performance: 9:08 min/km

Rank in course/Total: 343 (of 673)

Rank in course/Men: 258 (of 411)

Best time in course: 43:20

Rank in category: 55(of 89)

Best time in the category: 49:40

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Mühlburg	8.69	1:12:53	8:23	56	31:08	265	35:44	8.69	1:12:53	8:23	56	31:08	265	35:44
Sportplatz Mühlb	0.81	13:49	17:03	52	5:57	232	7:38	9.50	1:26:42	9:07	55	37:02	258	43:22