



LEGEND OF CROSS  
Mühlberg / 05.11.2017

Detailed evaluation

JAHNKE, Nicole

Club: Erfurt  
Number: 1149

Course: 16.78 km  
EXPERT

Category:  
Seniorinnen W35 (35-39 Jahre)

Total time: 2:16:06

Speed: 7.40 km/h  
Running performance: 8:07 min/km

Rank in course/Total: 194 (of 416)

Rank in course/Women: 19 (of 75)

Best time in course: 1:47:42

Rank in category: 3(of 12)

Best time in the category: 2:12:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Wachsenburg	7.40	57:27	7:45	3	3:34	21	12:16	7.40	57:27	7:45	3	3:34	21	12:16
Mühlburg	8.57	1:06:12	7:43	3	2:17	17	13:13	15.97	2:03:39	7:44	4	5:17	21	25:29
Sportplatz Mühlb	0.81	12:27	15:22	1	-	14	3:03	16.78	2:16:06	8:06	3	3:43	19	28:24