



LEGEND OF CROSS  
Mühlberg / 05.11.2017

### Detailed evaluation

KAUPA, Hartmut

Club: Erfurt  
Number: 1164

Course: 16.78 km  
EXPERT

Category:  
Senioren M55 (55-59 Jahre)

Total time: 2:20:55

Speed: 7.14 km/h  
Running performance: 8:24 min/km

Rank in course/Total: 212 (of 416)

Rank in course/Men: 190 (of 341)

Best time in course: 1:17:13

Rank in category: 6(of 7)

Best time in the category: 2:00:29

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wachsenburg	7.40	58:39	7:55	6	9:20	216	26:22	7.40	58:39	7:55	6	9:20	216	26:22
Mühlburg	8.57	1:09:14	8:04	6	9:02	185	31:30	15.97	2:07:53	8:00	6	18:11	195	57:50
Sportplatz Mühlb	0.81	13:02	16:05	4	2:15	168	5:52	16.78	2:20:55	8:23	6	20:26	193	1:03:42