



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

RAUDIES, Kai

Club: Sachsen - waldheim
Number: 1304

Course: 16.78 km
EXPERT

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:53:29

Speed: 8.87 km/h
Running performance: 6:46 min/km

Rank in course/Total: 58 (of 416)

Rank in course/Men: 54 (of 341)

Best time in course: 1:17:13

Rank in category: 10(of 75)

Best time in the category: 1:17:18

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wachsenburg	7.40	49:29	6:41	17	17:12	77	17:12	7.40	49:29	6:41	17	17:12	77	17:12
Mühlburg	8.57	54:25	6:20	8	16:37	38	16:41	15.97	1:43:54	6:30	10	33:49	57	33:51
Sportplatz Mühlb	0.81	9:35	11:49	9	2:22	34	2:25	16.78	1:53:29	6:45	10	36:11	56	36:16