



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

HEEGER, Wolfgang

Club: Neustadt
Number: 218

Course: 9.50 km
SPRINT

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:23:36

Speed: 6.46 km/h
Running performance: 8:48 min/km

Rank in course/Total: 300 (of 673)

Rank in course/Men: 232 (of 411)

Best time in course: 43:20

Rank in category: 26(of 38)

Best time in the category: 59:30

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|------------------|-------|---------|--------|------|--------|-----|--------|-------|---------|--------|------|--------|-----|--------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| Mühlburg | 8.69 | 1:09:39 | 8:00 | 26 | 19:27 | 222 | 32:30 | 8.69 | 1:09:39 | 8:00 | 26 | 19:27 | 222 | 32:30 |
| Sportplatz Mühlb | 0.81 | 13:57 | 17:13 | 24 | 4:39 | 239 | 7:46 | 9.50 | 1:23:36 | 8:47 | 26 | 24:06 | 232 | 40:16 |