



LEGEND OF CROSS  
Mühlberg / 05.11.2017

### Detailed evaluation

**MÖNCHER, Stefan**

Club: Drei Gleichen  
Number: 425

Course: 9.50 km  
SPRINT

Category:  
Senioren M30 (30-34 Jahre)

Total time: 1:21:07

Speed: 7.03 km/h  
Running performance: 8:32 min/km

Rank in course/Total: 249 (of 673)

Rank in course/Men: 196 (of 411)

Best time in course: 43:20

Rank in category: 42(of 89)

Best time in the category: 49:40

### Intermediate times

### Stage score

### Total ranking

| Control          | Split | Split   | Split  | Pos  | Behind | Pos | Behind | Total | Total   | Total  | Pos  | Behind | Pos | Behind |
|------------------|-------|---------|--------|------|--------|-----|--------|-------|---------|--------|------|--------|-----|--------|
|                  | km    | Time    | min/km | Cat. | Cat.   | Men | Men    | km    | Time    | min/km | Cat. | Cat.   | Men | Men    |
| Mühlburg         | 8.69  | 1:07:40 | 7:47   | 42   | 25:55  | 196 | 30:31  | 8.69  | 1:07:40 | 7:47   | 42   | 25:55  | 196 | 30:31  |
| Sportplatz Mühlb | 0.81  | 13:27   | 16:36  | 49   | 5:35   | 216 | 7:16   | 9.50  | 1:21:07 | 8:32   | 42   | 31:27  | 196 | 37:47  |