



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

Stahl, Lutz

Club: Saalfeld
Number: 1111

Course: 16.78 km
EXPERT

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:21:16

Speed: 6.80 km/h
Running performance: 8:25 min/km

Rank in course/Total: 216 (of 416)

Rank in course/Men: 193 (of 341)

Best time in course: 1:17:13

Rank in category: 23(of 35)

Best time in the category: 1:49:11

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wachsenburg	7.40	56:45	7:40	22	11:30	185	24:28	7.40	56:45	7:40	22	11:30	185	24:28
Mühlburg	8.57	1:10:29	8:13	24	16:29	202	32:45	15.97	2:07:14	7:58	22	27:59	190	57:11
Sportplatz Mühlb	0.81	14:02	17:19	24	4:22	206	6:52	16.78	2:21:16	8:25	23	32:05	196	1:04:03