



LEGEND OF CROSS  
Mühlberg / 05.11.2017

### Detailed evaluation

HÖFER, Patrick

Club: Berlin  
Number: 257

Course: 9.50 km  
SPRINT

Category:  
Senioren M30 (30-34 Jahre)

Total time: 1:22:46

Speed: 6.52 km/h  
Running performance: 8:43 min/km

Rank in course/Total: 283 (of 673)

Rank in course/Men: 219 (of 411)

Best time in course: 43:20

Rank in category: 45(of 89)

Best time in the category: 49:40

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Mühlburg	8.69	1:09:18	7:58	45	27:33	213	32:09	8.69	1:09:18	7:58	45	27:33	213	32:09
Sportplatz Mühlb	0.81	13:28	16:37	50	5:36	217	7:17	9.50	1:22:46	8:42	45	33:06	219	39:26