



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

KIND, Benjamin

Club: Erfurt
Number: 311

Course: 9.50 km
SPRINT

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:29:03

Speed: 6.06 km/h
Running performance: 9:22 min/km

Rank in course/Total: 370 (of 673)

Rank in course/Men: 270 (of 411)

Best time in course: 43:20

Rank in category: 59(of 89)

Best time in the category: 49:40

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Mühlberg	8.69	1:13:50	8:29	59	32:05	273	36:41	8.69	1:13:50	8:29	59	32:05	273	36:41
Sportplatz Mühlb	0.81	15:13	18:47	61	7:21	275	9:02	9.50	1:29:03	9:22	59	39:23	270	45:43